



# Food Partnerships & the Climate Emergency: Thinking Global, Acting Local

## **Resource Pack**





A food system includes all elements, processes and infrastructure involved in feeding a population: growing, harvesting, processing, packaging, transporting, marketing, consumption, and disposal of food and food-related items. It also includes the inputs needed and outputs generated at each of these steps. There are many ways in which this system can be viewed and mapped...







## Greenhouse gas emissions from UK food consumption

Our food system is a very significant contributor to greenhouse gas emissions.

- The United Nations Food and Agriculture Organisation (FAO) has calculated that, globally, agriculture generates 30% of total man-made emissions of greenhouse gases, including half of methane emissions and more than half of the emissions of nitrous oxide.
- In the EU, over 30% of the greenhouse gases from consumer purchases come from the food and drink sector.
- Latest conservative estimates from the Food Climate Research Network in the UK suggest that almost one-fifth of the UK's total greenhouse gas emissions are associated with our food and drink.
- The emissions come not just from the transport of food, but from every stage of the chain the conversion of land to agricultural use, the energy used to make fertilisers, pesticides and farm machinery, the impact of agriculture on the soil (a natural carbon store), food processing, transport, refrigeration, retail, domestic use of food and waste from all the different stages. These are complex problems with no single solution. A growing body of evidence, however, indicates that emissions from the food sector can be significantly reduced if we were all to shift towards eating:

### • Less meat and dairy, and more food from plants

Products from farmed animals – meat and dairy products such as milk and cheese – are among the most energy-intensive and greenhouse-gas intensive food products of all. According to latest figures from the United Nations, animal farming globally causes more greenhouse gas emissions than transport, and the impact is increasing. This is partly due to methane gas from the digestive systems of ruminants (cows and sheep burping), but also due to large areas of forest being cleared to grow grain and beans for livestock (including cows, pigs and chickens) to eat.

### • Local and seasonal food

Locally grown and prepared food can cut down on fuel use in 'food miles' and makes it easier to identify and support environmentally benign food production methods. Buying local produce also means that the food is less likely to be associated with the greenhouse gas caused by recent land conversion. Seasonal food need not be imported, does not require energy-intensive conditions such as heated greenhouses, can be produced organically, and reduces the likelihood of energy-intensive methods of storage and transport such as refrigeration and air-freighting.

### • Food, such as organic, grown without artificial chemical

Organic production methods are usually less energy-intensive than industrial agriculture. They do not use artificial fertiliser, which takes an enormous amount of energy and water to produce and results in emissions of the powerful greenhouse gas nitrous oxide.



Willett, W., Rockström, J., Loken, B., Springmann, M., Lang, T., Vermeulen, S., Garnett, T., Tilman, D., DeClerck, F., Wood, A. and Jonell, M., 2019. Food in the Anthropocene: the EAT–Lancet Commission on healthy diets from sustainable food systems. *The Lancet*, 393(10170), pp.447-492.

#### GROWING COMMUNITIES' FOOD ZONES: OUR VISION FOR A BETTER FOOD AND FARMING SYSTEM

How might we reduce the amount of energy, fuel and resources it takes to feed us, while creating jobs and community in urban and rural areas and producing delicious food that is good for us and the planet? The Food Zones looks at how much of which foods we could be sourcing from different zones, starting with the urban areas in which most of us live and applying a kind of 'food subsidiarity' - raising what it is best to raise as close as we can and then moving outwards taking into account the factors shown. On the right: the kind of farms, diet and trading systems we need and on the left the principles and worldviews that underpinit.

### www.growingcommunities.org



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picture

overall

## Sustainable food cities: taking a whole system approach to food and nutrition

# Food and the environment: reducing the ecological footprint of our local food system.

- Producer emissions reduce and resilience increases via training on agroecology, permaculture design, seed saving.
- Increased farm diversity/ resilience.
- Carbon sequestration.
- Food waste reduction and waste emissions
- Local food culture shift towards seasonal, local, organic, community eating (demand driven emissions).
   Local food culture shift towards seasonal, Lancaster Sustainable Food Cities

### Sustainable food procurement

- Production emissions
- Supply chain emissions
- Lead by example reduces demand driven emissions.

## Healthy food cultures

- Demand driven emissions
- Waste reduction
- Community building/ resilience Community of practice/ resilience

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## Growing local sustainable food economies.

- Reduced food miles/ distribution emissions.
- Increased local biodiversity/ resilience and carbon sequestration.
- Surplus redistributed, waste reduction.
- Local wealth creation> more meaningful jobs> increased disposable income and awreness of healthy food> more sustainable diets>demand driven emissions reduced.

# Food poverty and access: moving beyond the food bank.

 Sustainable diets more accessible> demand driven
 an emissions

## Community food skills

Waste reduction

- Community food producers>urban emissions. production and reduced distribution emissions.
- Increased knowledge reduces
  demand driven emissions

#### .....has adopted low-carbon policies

#### Farm energy saving policy

- Ask is this operation necessary?
- Turn engines off when not in use
- Minimise cultivation drag
  <u>Machinery maintenance policy</u>
- Regularly service engines
  <u>Heated buildings policy</u>
- Optimise insulation
- Turn down thermostats <u>Electricity policy</u>
- Equipment not left on standby
- Timers and movement detectors
  <u>Rich-soil farming policy</u>
- Increase soil organic matter levels
- Reduced tillage
- Reduced summer fallows
- Avoid erosion of bare soils
- Move towards perennials food crops
  Move av
  <u>Nitrous oxide reduction in soils policy</u>
- Greenhouse gas 296 more potent than carbon dioxide (CO2)
- Incorporate organic material in spring or autumn

- Move away from fossil fuels
- Tractors correctly weighted
- Move towards renewable energy
- Check tyre pressures
- Optimise draft exclusion
- Move towards renewable energy
- New appliances low energy rated
- Keep electric motors clean
- Crop rotations with fertility phases
- Ploughing less than 15cm / 6"
- Avoid compaction of wet soils
- Crop mixes with deep roots
- Move away from peat use
- Happens if there is surplus nitrogen in warm and wet soil conditions



**Climate Friendly Food** 

#### Low carbon food from rich soil farming

#### www.climatefriendlyfood.org.uk

Carbon Calculator Participatory Certification Education



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## Sustainable food & climate change resources

| Resource                                                                                                                                     | Link                                                                                                                                              |
|----------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| Citizens' Assemblies                                                                                                                         | www.citizensassembly.co.uk                                                                                                                        |
| Food Climate Research Network                                                                                                                | www.fcrn.org.uk                                                                                                                                   |
| Sustain: Sustainable Food Guidelines                                                                                                         | www.sustainweb.org/sustainablefood                                                                                                                |
| Zero Carbon Britain Report                                                                                                                   | www.cat.org.uk/info-resources/zero-carbon-britain/                                                                                                |
| Soil Association: Saving the Earth from Ground Up                                                                                            | https://www.soilassociation.org/support-us/saving-the-earth-starts-<br>from-the-ground-up/                                                        |
| WWF-UK50: foods for healthier people and a healthier planet                                                                                  | https://www.wwf.org.uk/sites/default/files/2019-<br>02/Knorr_Future_50_Report_FINAL_Online.pdf                                                    |
| Eating Better: Attitudes to meat?                                                                                                            | https://www.eating-better.org/blog/attitudes-to-meat-consumption                                                                                  |
| Green Kitchen Standard (recognises caterers that sustainably manage their energy, water and waste)                                           | https://www.foodforlife.org.uk/catering/green-kitchen-standard                                                                                    |
| Green Alliance 'Cutting the climate impact of land use' (Sets out how the UK could bring its land use emissions to net zero)                 | https://www.green-<br>alliance.org.uk/resources/Cutting_climate_impact_of_land_use.pdf                                                            |
| Harwatt, H and Hayek, M. 2019, Eating away at climate change with negative emissions: Repurposing UK agricultural land to meet climate goals | http://animal.law.harvard.edu/wp-content/uploads/Eating-Away-at-<br>Climate-Change-with-Negative-<br>Emissions%E2%80%93%E2%80%93Harwatt-Hayek.pdf |
| Bowles, N et al. 2019. The livestock sector and planetary boundaries: A 'limits to growth' perspective with dietary implications             | https://science.sciencemag.org/content/363/6424/282                                                                                               |

## Sustainable food & food system resources

| A Peoples Food Policy | www.peoplesfoodpolicy.org          |
|-----------------------|------------------------------------|
| Feedback              | feedbackglobal.org                 |
| Food Co-ops           | www.foodcoops.org                  |
| Food Foundation       | foodfoundation.org.uk              |
| Growing Communities   | www.growingcommunities.org         |
| Sustain               | www.sustainweb.org                 |
| Food for Life         | https://www.foodforlife.org.uk     |
| Landworkers' Alliance | https://landworkersalliance.org.uk |
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